

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)
Term-End Examination
December, 2024**

MCFT-002 : MENTAL HEALTH DISORDERS

Time : 3 Hours

Maximum Marks : 100

Note : *Attempt any **five** questions in about
600 words each. All questions carry equal
marks.*

1. What is the difference between coping style and defense mechanism ? Describe any *two* types of defense mechanisms. 20

2. What are the psychiatric disorder symptoms commonly associated with skin diseases ? Discuss. 20
3. What does one mean by the term 'mood' ? How is it different from 'affect' ? With the help of a case vignette, describe manic episode. 5+5+10
4. Describe the schizophrenia disorder. Discuss the positive symptoms of schizophrenia. 20
5. Discuss clinical characteristics of generalized anxiety disorder and social anxiety disorder. 10+10
6. Discuss important features of depression. With the help of a case vignette, describe how depression affects the individual. 20
7. What do you understand by the term locomotor disability ? Discuss the causes of locomotor disability. 20
8. What are the symptoms and features indicative of hearing impairment in a child ? List the types of hearing loss. 20

9. Define the following in 2-3 lines each : $2 \times 10 = 20$

- (i) PWD Act
- (ii) WHO
- (iii) Psychosocial rehabilitation
- (iv) Bipolar disorder
- (v) Psychoeducation
- (vi) Somatoform disorder
- (vii) Neurosis
- (viii) CBT
- (ix) ICD-10
- (x) Abnormal grief

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