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MPCE-023

MASTER OF ARTS (PSYCHOLOGY)

(MAPC)

Term-End Examination

December, 2024

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any **two** of the following questions in

*about **450** words each.*

2×10=20

1. Describe anxiety-based disorders. Explain the counselling techniques for helping children with anxiety disorders. **4+6**

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2. Discuss the application of cognitive therapies in educational and personal-social situation. 5+5
3. Explain couple counselling and describe its stages. 10
4. Explain the meaning and process of e-Counselling. Discuss the ethical issues in e-Counselling. 6+4

Section—B

Note : Answer any **four** of the following questions
in about **250** words each. 4×6=24

5. Describe the counselling techniques for helping children with Autism spectrum disorder. 6
6. Discuss the problem areas in interpersonal counselling. 6
7. Explain the similarities and differences between counselling and psychotherapy. 6

8. Describe the *three* approaches to integrative counselling. 6
9. Describe the development of counselling. 6

Section—C

Note : Write short notes on any **two** of the following
in about **100** words each. $2 \times 3 = 6$

10. The miracle question. 3
11. Types of groups in counselling. 3
12. Unconditional positive regard. 3

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