

No. of Printed Pages : 2

MCFTE-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

Term-End Examination

December, 2025

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : (i) Answer **three** questions in all.

(ii) Question No. 1 is compulsory.

(iii) Question Nos. 2 to 5 should be answered in about **450-500** words each.

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1. Write short notes on any *four* of the following in about **150** words each : $4 \times 5 = 20$

C-2017/MCFTE-002

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[2]

- (i) School as a social system
 - (ii) Children Apperception Test
 - (iii) Play and emotional development
 - (iv) Strategies to regulate effects of media
 - (v) Need for training parents of children with disabilities
 - (vi) Importance of resilience
2. How can children living in rural areas be helped ? Discuss, giving examples. 15
3. Discuss the importance of social skills for children and adolescents. Outline the steps in learning social skills. 15
4. Explain play therapy and its significance. State the basic principles that guide the therapist to conduct the sessions. 15
5. Define cognitive behaviour therapy and explain the ABC model. Describe any *two* CBT interventions used in the management of psychiatric disorders. 15

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[3]

MCFTE-001

C-2047/MCFTE-001

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