

No. of Printed Pages : 3

MPC-051

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2025

**MPC-051 : FUNDAMENTALS OF MENTAL
HEALTH**

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

***Note : Attempt any two of the following
questions in about 600 words each.***

2×20=40

1. Discuss the eastern and western concepts of
mind. 20

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P. T. O.

2. Discuss the psychoanalytic theory in detail.
20
3. Discuss the historical perspective of mental illness and mental health. 10+10

Section—B

Note : Attempt any *five* of the following questions in about **250** words each.

5×10=50

4. Causes of abnormality. 10
5. Attribution theory explaining mental illness. 10
6. Phases of conative style. 10
7. Culture and mental health. 10
8. General cognitive functions explaining normal and abnormal behaviours. 10
9. Immigration and acculturation impacting mental health. 10

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

2×5=10

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|--|---|
| 10. Psychological, social and cultural norms explaining abnormality. | 5 |
| 11. Function of Neuron. | 5 |
| 12. Defuse mechanisms. | 5 |

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