

No. of Printed Pages : 3

MPC-053

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH
(PGDMH)**

Term-End Examination

December, 2025

**MPC-053 : MENTAL HEALTH IN SPECIAL
AREAS**

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 600 words each.

1. Describe the mental health problem in the elderly in terms of their types and clinical presentation. 20

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2. Describe the issues in marital relationship affecting mental health. Discuss mental disorders associated with marriage. 10+10
3. Discuss the various problems faced by children in school. 20

Section—B

Note : Answer any *five* of the following questions in about **250** words each.

4. Describe the different aspects which can cater to the promotion of mental health in women. 10
5. Discuss the management of sexual dysfunction. 10
6. Explain the factors that can cause self-harm. 10
7. Describe the intervention methods for specific learning disabilities. 10
8. Describe the various types of behavioural addictions. 10

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9. Describe the meaning and causes of tobacco dependence. Highlight the health hazards of tobacco use. 2+4+4

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

10. Attention Deficit Hyperactive Disorder. 5
11. Risk factors for workplace mental health problems. 5
12. Behavioural assessment. 5

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