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MPCE-021

MASTER OF ARTS IN PSYCHOLOGY

(MAPC)

Term-End Examination

December, 2025

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section-A

Note : Answer any two of the following questions in about 450 words each.

1. Explain the psychoanalytic and Adlerian approach to counselling. 10

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2. Describe the treatment of depression. 10
3. Explain the assumptions and techniques used in person-centered counselling. 4+6
4. Explain the misconceptions related to HIV/AIDS. Discuss the counselling to HIV affected persons. 10

Section-B

Note : Answer any **four** of the following questions in about **250** words each.

5. Discuss the types of eating disorders. 6
6. Explain cluster C personality disorders. 6
7. Explain transational analysis. 6
8. Describe the techniques in solution-focused counselling. 6
9. Explain the steps in art therapy. 6

[3]

Section–C

Note : Write short notes on any **two** of the following in about **100** words each.

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| 10. Symptoms of seasonal affective disorder | 3 |
| 11. Stages of counselling process | 3 |
| 12. Counselling for street children | 3 |

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