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MPCE-022

**M. A. (PSYCHOLOGY)
(MAPC)**

Term-End Examination

December, 2025

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 450 words each.

2×10=20

1. Explain the meaning and purpose of psychological testing and differentiate between psychological assessment and psychological testing. 5+5

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2. Describe the format of case history taking. 10
3. Explain the meaning, characteristics and components of comprehensive counselling and guidance programme. 10
4. Discuss the affective approach to counselling. 10

Section—B

Note : Answer any **four** of the following questions in about **250** words each.

4×6=24

5. Explain the different types of psychological tests. 6
6. Describe the initial counselling skills. 6
7. Discuss the phases of Adlerian counselling. 6
8. Discuss Rational Emotive Behaviour Therapy (REBT). 6
9. Delineate the characteristics of an effective counsellor. 3+3

[3]

Section—C

Note : Write short notes on any **two** of the following in about **100** words each. $2 \times 3 = 6$

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| 10. Components of assessment. | 3 |
| 11. Psychosexual development. | 3 |
| 12. Fundamentals of narrative therapy. | 3 |

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