

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2025

**MCFT-002 : MENTAL HEALTH AND
DISORDERS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) Attempt any *five* questions in about
600-800 words each.

(ii) All questions carry equal marks.

1. Why is there a need to study mental health ?
Discuss any *three* models of mental health.

20

2. Explain the association of psychiatric disorders in patients suffering from any *one* chronic physical illness. 20
3. Define disability. Distinguish between disability, impairment and handicap with example. 20
4. Discuss the causes of hearing impairment. Briefly describe any *two* tests for its screening in infants. 20
5. Define delirium. State clinical features of delirium. What are the possible causes of delirium ? 20
6. Differentiate between delusion and hallucination. Discuss the causes of psychosis. 20
7. How can you identify that the person is suffering from generalised anxiety disorder ? Discuss the course of its management. 20
8. Describe the features of clinical depression. Discuss important treatment strategies for depression. 20

[3]

9. Write short notes on any *four* of the following in about **150-200** words each :

4×5=20

- (i) National Mental Health Programme
- (ii) Grief
- (iii) Paranoid Personality Disorder
- (iv) Psychoeducation
- (v) Social intervention
- (vi) Stress

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