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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

Term-End Examination

June, 2025

**MCFTE-003 : SUBSTANCE ABUSE
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Q. No. 1 is compulsory. Q. Nos. 2 to 5 should be answered in about **450-500** words each.

1. Write short notes on any *four* of the following in about **150-200** words each :

4×5=20

- (i) Relapse prevention

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- (ii) Multidimensional family therapy
 - (iii) Behaviour change communication for harm reduction
 - (iv) Role of counsellor in facilitating psychosocial rehabilitation
 - (v) Network therapy
 - (vi) Addressing stigma and discrimination against substance users
2. Discuss family issues in substance use from a lifespan approach. Give examples to support your answer. 15
3. Giving examples from your region, analyse socio-cultural factors associated with substance abuse in women. 15
4. Explain the key elements of motivation enhancement therapy and the significance of the same. 15
5. Describe any *three* treatment approaches that are commonly used with adolescent substance users. 15

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