

No. of Printed Pages : 3

MPCE-013

**MASTER OF ARTS
(PSYCHOLOGY)**

(MAPC)

Term-End Examination

June, 2025

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in about **450** words each.*

1. Explain cognitive behaviour therapy. 10
2. Describe the history, principles and settings in group psychotherapy. 10

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3. Discuss the principles of operant conditioning and its application in therapy. 10
4. Discuss the object relations theory. 10

Section—B

Note : Answer any **four** of the following questions in about **250** words each.

5. Describe psychotherapy in demotion. 6
6. Describe ego defense mechanisms with examples. 6
7. Describe the features of short-term therapy. 6
8. Discuss the use of psychotherapy with cancer patient. 6
9. Explain psychodynamic play therapy. 6

[3]

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

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|----------------------|---|
| 10. Stages of dying. | 3 |
| 11. Empathy | 3 |
| 12. Extinction. | 3 |

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