

**CERTIFICATE IN GERIATRIC
HEALTH AND CARE PROGRAMME
(CGHC)**

Term-End Examination

June, 2026

**BHT-106 : ASSESSMENT AND SUPPORT FOR
OLDER PERSONS**

Time : 3 Hours

Maximum Marks : 70

Note : (i) Attempt any *ten* questions.

(ii) All questions are of equal marks.
(10 questions $\times$ 7 marks = 70)

(iii) All questions should be answered in
approximately **300-500** words.

1. Explain health status of elderly population
in India. 7

2. Explain briefly the changes in musculo-skeletal system with ageing and its clinical implications. 7
3. Write a short note on the various government support systems and financial aids for older people. 4+3
4. Explain briefly the causes and management of loss of appetite in older people. 7
5. Write a short note on orthostatic hypotension and its evaluation. 7
6. Describe the clinical presentation of stroke and the role of healthcare worker in its management. 3+4
7. Write a short note on physical activity and exercises for older persons. 4+3
8. Describe the occupational hazards for healthcare workers. Discuss how can it be prevented ? 4+3
9. Write a short note on home health care waste management. 7

[3]

10. Describe the categories of older people who can benefit from institutionalization ? Discuss the situation of institutional care in India. 7
11. Describe the interpersonal and societal dynamics contributing to elder abuse. 7
12. Write in brief about the nursing care during the last hours of living. 7

× × × × ×